

I can speak as loud as I want. Public performance without mystery.

The Program:

Module I / 28 February 2024

9.00 – 15.00 (Warsaw, conference room)

1. Introduction: students' introduce themselves and say why they chose this course
2. **Communication**
 - Communication models (informative speaking, persuasive speaking, entertaining speaking)
 - Models and process of public speaking
3. **Students' presentations:** students prepare a short presentation "Why am I on this course?". After every presentation students comment on the general manner in which the presentation was carried out.
4. **Body language:** definition, what is important in using body language, how does body language work, etc.
 - a. Body language in multicultural environment
 - b. Behaving in multicultural environment

Module II /06 March 2024

15.00 – 17.00 (online)

Stress management: identifying sources of stress, transforming stress to confidence, techniques for stress mgt.

Module III / 13 March 2024

15.00 – 17.00 (online)

Presentation skills

- a. Why we need presentations? – brainstorming
- b. Knowing your audience
- c. How to make a presentation (elements of a good presentation)
- d. Visual aids in presentation (types, choosing a visual aid, keeping it simple and relevant)

Homework: students' prepare a presentation for next class (using the knowledge they obtained on the course): "How this course changed my approach to public performance"

Module IV/ 18 March 2024

10.00 – 15.00 (Warsaw, conference room)

- a. Methods of speech delivery
- b. English expressions that can be used in a presentation

Presentations given by students + discussions and comments on presentations.

- Summary of the course
- Quality survey – students comments on the course
- Handing in certifications

WARUNKI UDZIAŁU

O przyjęciu na kurs decyduje **COURSE APPLICATION FORM** i rozmowa wstępna z trenerką, która ma na celu poznanie motywacji oraz poziomu znajomości języka angielskiego kursantki / kursanta.

Koszt udziału w Programie, obejmujący 4 spotkania (14 godzin), materiały, lunch w przypadku spotkań stacjonarnych, **wynosi 2 477 PLN +23% VAT/ osobę**

Zgłoszenia przyjmowane będą **do 16 lutego 2024 r.**

Liczba miejsc ograniczona!